

# Choose Comfort Medical!

We look forward to becoming your trusted partner for your medical supplies. By enrolling with us, you can take the first step towards a better life with catheterization.

No matter how far you are on your path to recovery, getting used to life with catheters is a journey.

However, you don't have to travel this journey by yourself – we are here to help you.

**Call us today and  
receive a free carry bag  
with your first order!**

**Call 1-800-659-0936**



**Our Customer Service team is available  
Monday – Friday from 9:00 AM to 6:00 PM EST.**

## The Comfort Medical Guarantee



**Free  
home delivery**

We offer free and discreet home delivery of top brand name products.



**Worry-free  
process**

We get your prescription from your doctor, bill your insurance directly and handle all paperwork.



**Superior  
customer service**

We provide you with personalized support and education when you need it.

**Take your first step  
towards a better life.**

**Call 1-800-659-0936  
to join us today!**

If you want to know more about Comfort Medical and what it's like living with catheterizing, please visit our blog at: [www.comfortmedical.com/blog](http://www.comfortmedical.com/blog)



Comfort Medical is an accredited Medicare provider serving customers nationwide.



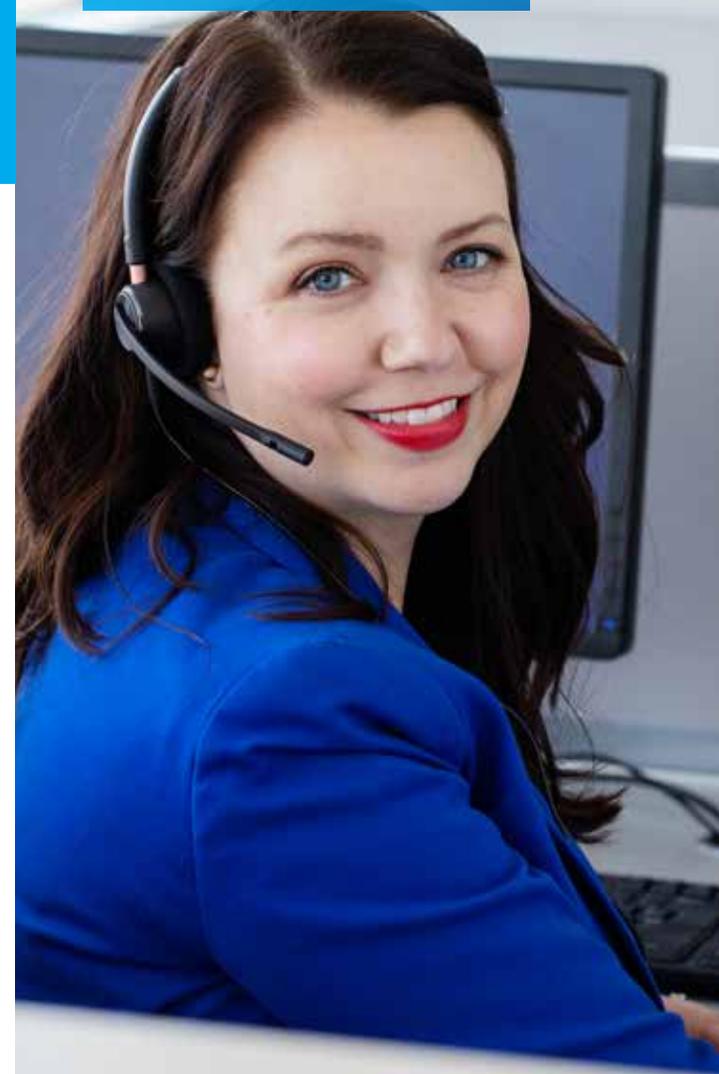
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Comfort Medical

Your best choice  
for catheter supplies



# What you can expect

At Comfort Medical, we are committed to making it as easy as possible to manage life with catheterizing. Here's how:



You will receive a **welcome call** to confirm delivery and ensure all your questions are answered.



We provide easy reordering of your catheter supplies. **We will always call you when it's time for your reorder**, so you never have to worry about running out.



We work to **ensure an effortless process**: we help to complete all of your insurance paperwork, we work closely with your doctor and we deliver your medical supplies directly to your door – free of charge.



We **assess your personal needs** to make sure that you receive the type of catheters that are right for your needs. We offer products that are of high quality and also those with the latest technology.



We have **free, direct-to-your-door** home delivery. We get your products to you within 7-10 days from order placement in discreet, unmarked packages for your privacy.



We offer **superior customer service**, with education and support through email, phone, or regular mail to ensure you always have peace of mind.



For your convenience, we offer **online reorders** via our Comfort Medical App.

## Are you concerned about or suffering from frequent urinary tract infections?

UTIs are a common complication for catheter users. While the exact cause of UTIs is unclear, there are steps that you can take to help reduce your risk of having them in the future.

### 4 Simple Steps to Better Bladder Health



#### Reusing catheters is never advised

The risk of infection is increased through repeated use of the same catheter. Fortunately, you don't have to reuse your catheter. Medicare and most private insurance providers cover up to 200 catheters per month as prescribed by your healthcare professional. This means that you should use a new, sterile catheter every time you empty your bladder.



#### Empty your bladder regularly

It is usually recommended that you catheterize 4 – 6 times per day, but always follow the plan established by your healthcare professional. By catheterizing at regular intervals, you can keep your urine volumes at an acceptable range.



#### Drink up

Make sure you drink plenty of fluids to ensure enough intake for bladder health. Eight 8 oz. glasses of water a day has been the recommended standard, but your healthcare professional will advise you as there are individual fluid needs based on your catheterization program.



#### Wash hands

A catheter can pick up bacteria and push the bacteria into the bladder – so wash your hands both before and after catheterizing.

At Comfort Medical, we care about your quality of life. Our dedicated and knowledgeable catheter specialists are here to answer any questions you may have and assist you with all your catheter needs.